



## **NABITA Case Management Standards and Best Practices Training & Certification Course Sample Agenda**

### **Description:**

Case Management Standards and Best Practices, a two-day course, provides an in-depth exploration of the NABITA Standards for Case Management. These standards were created with a focus on the non-clinical case manager position, or those using case management as a process for their BIT members in deploying interventions. The case management standards provide guidance within three focus areas: structural, process, and quality assurance & assessment. Faculty will provide in-depth instruction on the 24 case management standards including the foundational research for the standards as well as strategies for implementing the standards at your institution.

### **Learning Outcomes:**

After completing this course, participants will be able to...

- Expand their understanding of case management as a defined process and/or position, with specific expectations related to standards of practice
- Learn approaches to ensure case management is effectively connected to the BIT
- Gain practical strategies for case management processes and 1:1 service delivery
- Develop an ability to confidently evaluate case management processes and identify opportunities for growth based on implementation of the standards
- Gain meaningful guidance for creating, augmenting, or improving case management functions at their institution

## **Course Topics**

### **Case Overview**

- History of Case Management
- Evolution and Development of Standards
- Case Management Models: Process vs. Position; Clinical vs. Non-Clinical

### **Structural Elements**

- Philosophical Framework
- Information Sharing
- Mission and Scope of Services
- Training
- Position Structure
- Case Load
- Policies and Procedures

## **Process Elements**

- Referrals
- Assessment
- Outreach

## **Case Management Direct Services**

- Intake Appointments
- Developing Action Plans
- Follow-up Services

## **Case Management Indirect Services**

- Referral and Service Coordination
- Collaboration and Consultation with Key Partners
- Integrating Case Management Services with the BIT
- Case Review and Case Monitoring
- Documentation

## **Marketing and Advertising**

- Developing a Marketing Strategy

## **Quality Assurance and Assessment**

- End-of-Semester and End-of-Year Reporting
- Program Evaluation
- Case Manager Supervision

Note: Each day will include one morning and one afternoon break (approximately 15 minutes each) and a one-hour lunch break. Training start and end times for in-person events are determined by the host site. All virtual training sessions take place from 10 AM – 5 PM ET unless otherwise specified.



## **NABITA Structured Interview for Violence Risk Assessment (SIVRA-35) Training & Certification Course Sample Agenda**

### **Description:**

The Structured Interview for Violence Risk Assessment (SIVRA-35) is a 35-item inventory that is used to assist behavioral intervention team members and clinical staff in conducting a more thorough and research-based violence risk assessment. The SIVRA-35 is designed to assess the risk and protective factors related to an individual's willingness to engage in violence.

This course will provide an in-depth teaching of how to conduct an effective interview and gather information to score an individual using the SIVRA-35. This will include strategies for increasing likelihood of truthfulness, a discussion on how to phrase questions to probe for specific risk and protective factors, and the opportunity to watch demonstration videos and practice scoring them.

### **Learning Outcomes:**

After completing this training, participants will be able to...

- Administer the SIVRA-35 tool in an interview through narrative, structured questions with individuals exhibiting a range of concerning behaviors
- Conduct a more standardized, research-based violence risk assessment with individuals determined to be at an increased risk
- Use a quantitative, numeric scoring key to assist in decision-making

## **Course Topics**

### **Introduction and Overview:**

- Assessment vs. Treatment
- Types of Assessments: General Risk Assessment, Psychological Assessment, Threat Assessment, Violence Risk Assessment

### **Violence Risk Assessment Process**

- Objective Risk Rubric
- When to conduct a Violence Risk Assessment
- Who should conduct a Violence Risk Assessment
- Mandating an Assessment
- How the results of a Violence Risk Assessment are used

## **Components of a Good Violence Risk Assessment**

### **Conducting an Effective Interview**

- Preparing for the Interview
- Rapport Building & Active Listening
- Collecting Information
- Questioning Tips & Considerations
- Effective Questioning Techniques
- Assessing Credibility

### **Gathering Collateral Information**

- Gathering Background Information
- Contextual Considerations
- Mitigating Bias and Prejudice within Violence Risk Assessments

### **Applying the SIVRA-35**

- Overview of the Tool
- Scoring Rules
- In-depth Review of the 35 Risk Factors for Scoring

### **Video Demonstration of the SIVRA-35**

Participants will watch one to three video demonstrations of a SIVRA-35 interview and assessment. Following each video, participants will work in groups to practice scoring the interview and determining an overall level of risk. The presenters will facilitate a discussion of the accurate score for each video and the rationale behind the scoring of each item.

Note: Training will include one morning and one afternoon break (approximately 15 minutes each) and a one-hour lunch break. Training start and end times for in-person events are determined by the host site. All virtual training sessions take place from 10 AM – 5 PM ET unless otherwise specified.



## **Non-Clinical Assessment of Suicide Training & Certification Course Sample Agenda**

### **Description:**

Participants in this course will learn how to triage risk related to suicide using the Non-Clinical Assessment of Suicide Tool (NAS). The NAS relies on research-based risk and protective factors to help non-clinical professionals triage the overall risk for suicide an individual poses. The instructors in this course will provide an overview of how to identify an individual who may be experiencing suicidal ideation, strategies for asking about suicide in a one-on-one appointment, and in-depth teaching of the NAS as a suicide assessment tool. Additionally, participants will learn how to make an effective referral to clinical mental health services and deploy appropriate interventions based on the level of risk assessed using the NAS.

### **Learning Outcomes:**

After completing this training, participants will be able to...

- Identify an individual who may be experiencing suicidal ideation
- Recognize common risk and protective factors for suicide
- Administer the NAS in an interview through narrative, structured questions with individuals exhibiting a range of concerning behaviors related to suicide
- Make an effective referral to clinical mental health services
- Deploy appropriate interventions based on the level of risk assessed using the NAS

## **Course Topics**

### **Introduction and Overview**

- Non-Clinical vs. Clinical Providers
- Information Sharing
- Assessment vs. Treatment
- Suicidal Ideation and Non-Suicidal Self-Injury
- Mental Health and Suicide Data

### **Recognizing and Understanding Suicidal Ideation**

- Preventing Suicide
- Warning Signs
- Assessing Suicide Risk
- Protective Factors
- Risk Factors

### **Assessing Suicidal Ideation**

- Non-Clinical Assessment of Suicide Tool (NAS)
- Questions
- Scoring/Report
- Video Demonstration

### **Responses to Non-Suicidal Self Injury and Suicidal Ideation**

- Levels of Care
- Behavioral Health Hospitalizations
- Protections for Students with Disabilities
- Outpatient Support
- Video Demonstration

### **Safety Planning**

- Increasing Distress Tolerance and Coping Skills

### **Case Study Application**

Note: The day will include one morning and one afternoon break (approximately 15 minutes each) and a one-hour lunch break. Training start and end times for in-person events are determined by the host site. All virtual training sessions take place from 10 AM – 5 PM ET unless otherwise specified.



## **Collaboration and Support: Addressing the Intersection of BIT, Conduct, and Disability Support Workshop Agenda**

### **Description:**

Given the shared goals of student development, access, support, accountability, and community safety, it is not surprising that behavioral intervention teams (BITs), student conduct, and disability support often address overlapping concerns. This overlap emphasizes the need for discussion and planning on how these areas intersect, especially regarding student behavior and conduct, hospitalizations, and returning from a leave of absence. This workshop will assist institutions in developing approaches that align with best practices and provide adequate support to students.

### **Learning Outcomes:**

After completing this training, participants will be able to...

- Understand the intersection of BIT, student conduct, and disability support
- Identify appropriate practices as it relates to supporting students whose disability related behavior violates the code of conduct and/or presents risk to themselves or others
- Develop appropriate practices for students experiencing a behavioral health hospitalization
- Distinguish return to campus practices after voluntary/involuntary leave

## **Workshop Topics**

### **Intersection of BIT, Student Conduct, and Disability Support Services**

- Role of Each Office/Department
- Balancing Collaboration and Communication

### **BIT, Student Conduct, and DSS Overlap**

- Disability Considerations
- Appropriate Practices
- Returning from a Behavioral Health Hospitalization

### **Leaves of Absences and Withdrawals**

- Voluntary
- Involuntary

- General Recommendations

## **Case Law Examples**

Note: Workshops do not include a standard break. Participants are welcome to eat and/or drink during the workshop and step away for other needs as necessary. Workshop start and end times for in-person events are determined by the host site. All virtual seminars take place from 10:00 – 2:00 PM ET unless otherwise specified.