COMMUNITY EDUCATION COURSES • FALL 2016
Register Today! Space for each class is limited!
501-362-1273 or daschueren@asub.edu

Happy Fall Everyone!

Just a quick note to let you know we have made a few changes to our program—all good changes! With our new Chancellor, Dr. Karla Fisher, we have restructured and revitalized our Continuing Education program, now called Community Education. It is our mission to offer you the best programming possible and to continue to provide you with classes that teach new skills, inspire personal growth, open doors to new hobbies, and provide opportunities for life-long learning.

For a little clarification on the changes: All Community Education Classes for all of the campuses will be coordinated through one office (located on the Heber Springs campus; however, I represent and am available to all campuses). We have taken the best policies and practices from Heber Springs, Searcy, Beebe and Little Rock Air Force Base to make our program more unified. We are one campus—ASU Beebe—with several locations.☺ The great news is the registration process for any class on any campus will be the same. For your convenience, each campus will be able to take registration payments. Also, the Fall 2016 Schedule includes ALL of our class offerings.

We are happy to provide for the educational needs of the communities we serve and want you to be a part of our Community Education family. On that note, if you have a particular skill set and would like to become a non-credit course instructor, or if you have a class you would like us to offer, please contact me. We are always searching for fun, interesting, and engaging classes.

I hope you enjoy the new format and look forward to seeing you in many of our Community Education classes and workshops. If I can be of assistance, please feel free to contact me.

We are VANGUARD!
Denise Schueren, Coordinator

HOW TO REGISTER:
To Register: Call the Community Education Department at 501-362-1273, or email: daschueren@asub.edu, or view online at www.asub.edu, click on Community Ed, print out and complete registration form to accompany payment.
To Pay: After you have completed registration form (also available at offices), simply pay fees at the campus Cashier’s/Business Office at least five (5) business days prior to the first class. You may also mail registration/payment to the Business Offices. (See inside for addresses).
Refunds: To receive a refund, students can submit a written request three (3) business days prior to course start date.
Class Cancellation Policy: If the University has to cancel a class due to low enrollment or various other reasons, we will attempt to notify you and we apologize for any inconvenience. ASU—Beebe reserves the right to cancel courses and will issue full refunds if that should occur.
*The policy of ASU—Beebe is to comply with federal and state disability legislation. Reasonable accommodations will be made in policies, practices, services, and facilities to ensure equal opportunity for qualified persons with disabilities to participate in all educational programs and activities. Please notify us if we can be of assistance. 501-362-1273.
Heber Springs Campus
101 River Crest Drive AND/OR 71 Cleburne Park Road (501-362-1273 or 501-362-1100)

HEALTH & SAFETY ✔

Energy Efficiency 101
FREE
Tuesday  Sept 27  6:00 pm-8:00 pm  McCoy Rm  Anthony Galloway
This course is designed to help you save money on your energy bills. In addition to presenting no-cost and low-cost ways of saving energy, this course also discusses basic building science principles to make your home more comfortable and energy efficient. Open to anyone; no previous skills or experience necessary.

Hunter’s Education – Arkansas Game & Fish Commission  FREE
Saturday  Sept 17  8:00 am-5:00 pm  Entergy Rm  Mike Story
The call of the wild demands knowledge. This course teaches all outdoorsmen, ages 9 and up, knowledge of safety and skills in the outdoors. This course is the perfect preparation tool for any hunter planning to be in the woods. You must register in advance by going online @ register-ed.com with Arkansas Game and Fish.

AARP Driver Safety Program  MEMBERS $15/NON-MEMBERS $20
Friday  Sept 16 OR Nov 18  8:30 am-12:30 pm  McCoy Rm/LC 101  Clay Fires
This is a defensive driving course designed for mature drivers. Persons 55 and older who complete the course may receive a discount on their automobile insurance. Those who take the course will be better drivers and likely extend their driving years. Fills up fast; call and reserve your space early.

TECHNOLOGY

Digital Photography Workshop  $55
Thursdays  Sept 22 – Oct 13  6:00 pm-8:00 pm  McCoy Room  Robert Togni
Make your photos POP! Covered in the class will be camera functions, compositions, principals of light, tools of the trade, etc. Hands-on project assignments will further your understanding. Class is for both beginners and those wanting to improve their photography skills. Required: Digital camera or phone and some computer knowledge.

Special Interest Classes

Ballroom Dance for Beginners – Part I
$45
Tuesdays  Aug 30 – Sept 20  7:00 pm-8:00 pm  AC 154  Kelly Schultz
This four-week class is designed to raise one’s comfort level with social dancing and provide the opportunity to discover the joy and well-being that comes from this social outlet. You will learn the basics of American Style ballroom including a brief history, steps, lead/follow, and body positioning. NO PARTNER NECESSARY! Please wear comfortable clothes and shoes.

Ballroom Dance for Beginners – Part II
$45
Thursdays  Sept 1 – Sept 22  6:00 pm-7:00 pm  AC 154  Kelly Schultz
Ballroom-Part II is a continuation class from Ballroom-Part 1. This class will explore the basics of more partner dances within the American Style. There are no pre-requisites for this class, although Ballroom Part I is recommended for those new to partner dancing. NO PARTNER NECESSARY. Please wear comfortable shoes and clothing.

Ballroom Dance for Beginners – Part III
$45
Thursdays  Sept 1 – Sept 22  7:00 pm-8:00 pm  AC 154  Kelly Schultz
Ballroom Part III’s dance focus for this semester is Rumba and East Coast Swing. This class will continue to learn more basic steps including some refinement and practice through repetition. For those who haven’t previously taken a ba
room dance class, Ballroom Part I is a pre-requisite to attending this class. NO PARTNER IS REQUIRED. Please wear comfortable shoes and clothing.

**Essential Oils**

$15  
**Saturday**  Oct 22  9:30 am-11:30 am  LC 101  Acacia Hazelwood  

Essential Oils were mankind’s first “medicines.” They are growing in popularity with celebrities, music artists, models, and even athletes toting the benefits. They can be used for immune support, relaxation, green cleaning, and more. Learn more about the uses and benefits of Essential Oils by attending this informative class.

**Introduction to Beekeeping**

$55  
**Saturdays**  Sept 17, 24 & Oct 1  9:00 am-4:00 pm  LC 101  Richard Underhill  

This class introduces interested individuals to the craft of beekeeping. In classroom presentations and discussions, we will cover the following topics: History of Beekeeping and Honey Bee Biology; Apiary Location Considerations and Types of Honey Bee Hives; The Healthy Honey Bee Colony and Bee Hive Health Issues; A Beekeeping Good Neighbor Policy; Beekeeping Tools and Equipment; Production and Processing of Honey; and How to Inspect Your Bee Hives. The class will be three full-day Saturday sessions. Weather permitting, students will visit an apiary and open bee hives. Register early – seats are limited!

**Surviving the Zombie Apocalypse**

$35  
**Saturday**  Oct 8  9:00 am-12:00 pm  LC 101  Jesse Arnold  

“Zombies!!!” Zombies are everywhere. No, not literally…but Zombies actually have taken over pop culture. Whether it is AMC’s hit TV show *The Walking Dead*, Brad Pitt’s character in *World War Z*, or video game classic *Resident Evil*, zombies have our attention. The chances of a true zombie apocalypse are slim but there are other ”ZOMBIES” with which we are much more likely to deal. Situations from a simple power outage to being lost in the wilderness are the “zombies” that we may face. This very basic survival class deals with simple survival concepts that everyone should, at best – master, and at least – consider. We will address basic needs, some of the tools used to meet those needs, and some of the skills to use those tools. We will also discuss how a few simple preparations can make a big difference. Students will receive a bow-drill, spindle and hearth board for primitive fire starting.

**Kids’ Corner**

**Gymnastics**  
**Ages 4 and up**  
**$45/month OR $165/semester*  
**Tues OR Wed**  Sept 13 - Dec 13  4:45 pm-5:45 pm  AC 100  Rena’ Kelley  

This class teaches basic motor skills followed by basic tumbling which will include a variety of cartwheels and backbends. This class is designed to teach children with no previous tumbling or up to one year of experience. Also, balance beam skills will be taught.

**Cheerleading**  
**Ages 4 and up**  
**$45/month OR $165/semester*  
**Tues OR Wed**  Sept 13 - Dec 13  5:45 pm-6:30 pm  AC 100  Rena’ Kelley  

This class is designed to help cheerleaders improve jumps and tumbling skills, individual or group. Concentration is on skills development in a positive, fun-filled atmosphere.

**Cake Decorating for Kids**  
**ALL SUPPLIES INCLUDED!!**  
**$45  
**Saturday**  Nov 12 &/OR Dec 10  12:30 pm-3:00 pm  LC 120  Stephany Lacy  

Do your holiday shopping while your favorite student enjoys a Saturday afternoon creating unique cupcakes decorated in festive holiday themes! Participants will take home their tasty treasures so come join our flavorful fun!! Recommended ages: 8-12.
Art Classes

Painting & Composition - Just for Fun Ages 10 & up $150
Mondays Sept 12 – Nov 14 9:00 am-12:00 pm LC 106 Janelle Selvage
Enjoy a break from everyday life and come paint with us! This painting class is designed to bring out your inner creativity. You may use any medium (oil, acrylic, or watercolor) as well as choose your subject matter. During the three-hour class, you will receive one-on-one instruction assisting in compositional set-up, drawing, and color mixing within the 10-week workshop. No painting experience required. Students will receive a supply list at the first class and will work at their own pace. No pressure, no stress – just FUN!

Painting with Bob Ross Technique ALL SUPPLIES INCLUDED $65
Saturday Sept 24 10:00 am-3:00 pm LC 106 Brenda Lawrence
A bouquet of wildflowers is sure to enhance any painter’s collection of art. This fun and easy-to-paint piece is also a perfect place to start your home gallery. Bob Ross classes require no previous painting experience!! You will leave with a completed painting by day’s end. Please bring your lunch and wear your painting clothes.

Painting with Bob Ross Technique ALL SUPPLIES INCLUDED $65
Saturday Oct 22 10:00 am-3:00 pm LC 106 Brenda Lawrence
This month’s Bob Ross class brings choices. At the time of registration, students may choose either the Winter Scape or the whimsical rooster. So whatever your interest, you will have a painting to show off to friends and family. Bring a lunch and wear painting clothes.

Painting with Bob Ross Technique ALL SUPPLIES INCLUDED $65
Saturday Dec 3 10:00 am-3:00 pm LC 106 Brenda Lawrence
Winter has arrived with this painting of chickadees perched atop a basket of greenery in the snow. What a lovely Christmas gift this would make for someone on your list! Wear your painting clothes and bring a sack lunch.

Wildflowers – Sept 24

Snow Scape – Oct 22 (choice A)

Rooster – Oct 22 (Choice B)

Dec 3 - Chickadees
HEALTH & SAFETY

Energy Efficiency 101
FREE
Thursday  Sept 29  6:00 pm-8:00 pm  Tech West 109  Anthony Galloway
This course is designed to help you save money on your energy bills. In addition to presenting no-cost and low-cost ways of saving energy, this course also discusses basic building science principles to make your home more comfortable and energy efficient. Open to anyone; no previous skills or experience necessary.

Hunter’s Education – Arkansas Game & Fish Commission
FREE
Saturday  Sept 17  OR  Oct 15  8:00 am-6:00 pm  Tech East 127  Mike Caudwell
The call of the wild demands knowledge. This course teaches all outdoorsmen, ages 9 and up, knowledge of safety and skills in the outdoors. This course is the perfect preparation tool for any hunter planning to be in the woods. You must register in advance by going online @ register-ed.com with Arkansas Game and Fish.

TECHNOLOGY

Computer Basics  $55
Saturdays  Oct 22 & 29  9:00 am-1:00 pm  Tech East 124  Rena’ Kelley
In this hands-on workshop, you will learn how to effectively maneuver through your computer’s programs. All introductory skills will be taught from turning the computer on and off correctly to file management. You will learn how to utilize programs, send e-mails, work with pictures, and explore other items of interest to the class.

Special Interest Classes

Essential Oils  $15
Saturday  Oct 15  9:30 am-11:30 am  Tech East 123  Acacia Hazelwood
Essential Oils were mankind’s first “medicines.” They are growing in popularity with celebrities, music artists, models, and even athletes toting the benefits. They can be used for immune support, relaxation, green cleaning, and more. Learn more about the uses and benefits of Essential Oils by attending this informative class.

Surviving the Zombie Apocalypse  $35
Saturday  Dec 3  9:00 am-12:00 pm  Tech West 109  Jesse Arnold
“Zombies!!!” Zombies are everywhere. No, not literally…but Zombies actually have taken over pop culture. Whether it is AMC’s hit TV show The Walking Dead, Brad Pitt’s character in World War Z, or video game classic Resident Evil, zombies have our attention. The chances of a true zombie apocalypse are slim but there are other “ZOMBIES” with which we are much more likely to deal. Situations from a simple power outage to being lost in the wilderness are the “zombies” that we may face. This very basic survival class deals with simple survival concepts that everyone should, at best – master, and at least – consider. We will address basic needs, some of the tools used to meet those needs, and some of the skills to use those tools. We will also discuss how a few simple preparations can make a big difference. Students will receive bowdrill, spindle and hearth board for primitive fire starting.

Beginning Sign Language  $70
Tuesdays  Sept 13 – Nov 1  6:00 pm-8:00 pm  Tech East 123  Sherry Giovannini
No skills are required for this course which is based on signed English, but in which some ASL will also be learned. Come and join the fun! The book “Signing Made Easy,” by Rod R. Butterworth and Mickey Flodin, is not required but would be very helpful and can be purchased on Amazon. *NOTE: Intermediate Sign Language classes will be taught in the spring.
### Art Classes

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Enjoy a break from everyday life and come paint with us! This painting class is designed to bring out your inner creativity. You may use any medium (oil, acrylic, or watercolor) as well as choose your subject matter. During the three-hour class, you will receive one-on-one instruction assisting in compositional set-up, drawing, and color mixing within the 10-week workshop. Janelle's experience with the arts will challenge you to create a masterpiece. Students will receive a supply list at the first class and will work at their own pace. No pressure, no stress – just FUN!

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This fun and easy-to-paint snow scape is a perfect place to start your home gallery. BOB ROSS CLASSES REQUIRE NO PREVIOUS PAINTING EXPERIENCE!! You will leave today’s session with a completed painting. Please bring your lunch and wear clothes on which you don’t mind getting paint.

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### Beebe Campus

**HEALTH & SAFETY**

#### Energy Efficiency 101

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### Special Interest Classes

#### Introduction to Beekeeping

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